



Frequently Asked Questions

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Where can I purchase spores?

I trust both of these vendors and I think they have good genetics and are clean.

[InoculateTheWorld.com](https://www.inoculatetheworld.com) (Use boomershroomer for 10% off)

[SporeWorks.com](https://www.sporeworks.com)

Ships to California - [Mushly.com](https://www.mushly.com) (not always clean spores, make sure you test them first)

What strain should I start with?

Golden Teachers or B+ are both very easy to grow and have helpful effects.

Where can I purchase a spawn bag?

[SpawnMagic.com](https://www.spawnmagic.com) (Use boomershroomer for 10% off)

Where can I purchase agar trays?

[Tip of the Cap](https://www.tipofthecap.com) on Etsy has great trays. They also have a sampler where you can try different medias.

CVG Bulk Substrate Recipe: How much water should I boil for 500 grams of vermiculite, 500 grams of coco coir, and 100 grams of gypsum?

16 cups of water, or 4 Liters, or 4000ml

When do you recommend harvesting to get the most potency?

Right before the veil breaks. Once the mushrooms break their veils, they stop producing psilocybin and start to produce spores.

How long does a pre-sterilized spawn bag keep without inoculating it and what is the best temperature for storing?

It depends. As long as the spawn bag is contamination-free, it can last for months. However, I recommend using them as soon as you get them for best results. Store them at 67F-70F. Just storing them in a tote works well.



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